

## AUSA CONFERENCE

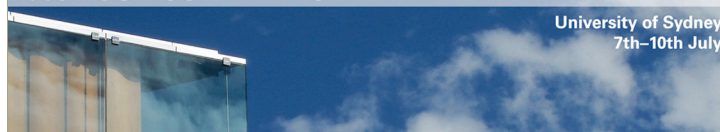
### Get solutions to your OHS challenges!

Come to the Australasian University Safety Association (AUSA) 2009 OHS Conference at the University of Sydney on July 7-10.

This once-in-two years conference is uniquely tailored for OHS professionals and others with OHS interests in the tertiary education and research sector, and won't return to Sydney for 8 years. With a mix of inspiring keynote speakers from industry and seasoned professionals from within the sector addressing topical OHS issues, the conference represents excellent value for money.

Visit the conference website for details of the program and speakers, and to register online: <http://www.ohs.uts.edu.au/AUSA/2009conference.html>

## OHS IN A CHANGING CLIMATE 2009 AUSA CONFERENCE



## HUMAN SWINE INFLUENZA

The threat of the H1N1 Human Swine Influenza pandemic requires vigilance and planning by all staff, students, and by all Management units. The University has current information about Human Swine Flu at: <http://www.usyd.edu.au/ohs/news.shtml>



Please note that:

- Non-essential travel to countries and areas of concern should be deferred.
- Staff and Students with flu-like symptoms should stay away from the University, avoid direct contact with others via home isolation and seek medical advice.

You will find answers to Frequently Asked Questions about Human Swine Flu at: [http://www.usyd.edu.au/ohs/swine\\_flu.shtml](http://www.usyd.edu.au/ohs/swine_flu.shtml)

### Emphasis should be placed on:

- 1) Prevention of disease transmission
- 2) Business Continuity Planning in the event of reduced personnel

### Prevention of Disease Transmission

• Respiratory Etiquette – cover mouth and nose with a tissue when sneezing and coughing, dispose of tissue into garbage and wash hands thoroughly straight afterwards

• Washing – wash your hands thoroughly after coming into contact with sick people, after coughing, sneezing or going to the toilet, or before eating and before touching your mouth, nose and eyes

• Isolation – if you have flu-like symptoms you should avoid direct contact with others via home isolation and seek medical advice

• Vaccination (for risk groups) – A vaccine specific to H1N1 influenza is not yet available. “At risk” groups (eg the elderly, the immunocompromised and children) should seek vaccination for seasonal influenza

• Raise local awareness by exhibiting advisory posters – you can download some from [http://www.usyd.edu.au/ohs/swine\\_flu.shtml](http://www.usyd.edu.au/ohs/swine_flu.shtml)

• Provide tissues and an alcohol based hand gel in meeting and reception areas.

### Business Continuity Planning During a Pandemic

Up to 35% of our community may become affected by pandemic Influenza. Business Continuity Planning should therefore anticipate that one-third of staff may lose (typically) 5-8 working days. This will inhibit our ability to provide services or conduct activities as usual.

Planning should therefore consider:

- Temporary cancellation of non-essential activities and services
- Adjusting timetables and project timelines
- Sourcing alternative service/product suppliers (suppliers may be affected)
- Establishing technology solutions that may allow Business Continuity without face to face interaction
- Adjusting resources or mechanisms to fast-track post-pandemic recovery.

## FIRST AID

The University has a network of First Aid Officers who are trained to provide First Aid service to other staff, students and visitors. You should be familiar with your local First Aid Officer's contact details, listed at:

<http://www.usyd.edu.au/ohs/docs/ohs/nfaolist.pdf>

## CPR

Cardio Pulmonary Resuscitation (CPR) saves lives. It is a basic skill that we should all be familiar with. Remember: DR ABCD

**D** – Check for **D**anger/Safety

**R** – Check **R**esponse. If no response, call 000

**A** – Clear and open the **A**irway and check for signs of life

**B** – Give 2 **B**reaths if not breathing normally. Recheck for signs of life

**C** – Give 30 chest **C**ompressions at 100 per minute, followed by 2 more breaths

**D** – **D**efibrillate – attach AED as soon as available. Follow the AED prompts.

Continue CPR until qualified personnel arrive or signs of life return.

CPR Awareness sessions were run on all University campuses 9-12 June. Further sessions will be available via Learning Solutions or on request to OHSIM.



The more quickly that CPR and defibrillation can be given (if needed) to victims of sudden cardiac arrest etc the better their chance of survival and recovery. If somebody collapses and stops breathing, stay calm and respond quickly. Call for help, send someone to collect the nearest AED and attend to the victim as per CPR instructions.

Emergency contact numbers for University campuses can be found from the University's home page. Open "Quick links" and choose "Emergency Help" and "Go".

The location of AEDs on University campuses and further details about First Aid are available from the OHS website: <http://www.usyd.edu.au/ohs/> Simply click on the green First Aid banner (right hand side).

## CIS SERVICE DESK

The CIS Service-Desk or e-Service desk can be utilised by all staff members to log maintenance issues. Often maintenance issues go unreported due to an assumption that "someone else would have reported that by now" or a lack of understanding of this simple and accessible process. If you notice an infrastructure issue, such as a leaking toilet, a broken door, or a faulty light, you can log this by calling the CIS Service-Desk on ext 17838 or logging on to the e-service desk at:

<http://www.facilities.usyd.edu.au/afm/reports/index.cfm>

This will create a Work Request number for the job concerned, which you can use to track the progress of the maintenance repairs. If you have a valid Unikey and require the creation of an e-Service Desk account please contact the CIS Service Desk on ext 17838 between 8.30 am and 5.00 pm Monday – Friday.

## DEFIBRILLATORS



The emphasis on CPR coincides with the introduction of Automated External Defibrillators (AEDs) that have been installed in readily accessible locations on all University campuses, with mobile units carried in Security Patrol vehicles.

The Zoll AED Plus provides voice prompting for the user to guide them through CPR. It will monitor the patient and detect whether defibrillation is required or not. The device will not deliver a defibrillation charge unless this is required.

## STAFFING CHANGES AT OHSIM

Jenny Thomson (nee Dawkins) has returned from maternity leave on a part-time basis. Jenny's days of work are Mondays, Thursdays and Fridays. Davorka Bilic who replaced Jenny during her year of maternity of leave is continuing with the office also on a part-time basis. Davorka's days of work are Mondays and Tuesdays. Jenny will be the main point of contact for all new work involving gene technology (project applications and facility certifications) and for any general Medicine and Nursing OHS enquiries. Davorka will be the main point of contact for annual OGTR certified PC2 inspections and for any general OHS enquiries for Cumberland campus.

Address Label

This and other OHSIM Newsletters are also available on our website at [www.usyd.edu.au/ohs/news](http://www.usyd.edu.au/ohs/news).